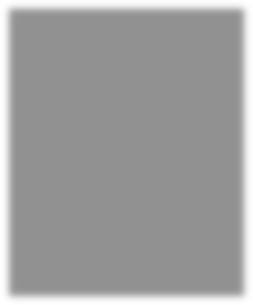
# CURRICULUM VITAE



**Krati Gupta**

Q-1903, Hyde Park Sector-78, Noida (U.P.)

Email: [krati23gupta@gmail.com](mailto:krati23gupta@gmail.com)

Contact No.: 8920014225, 8595043784

***OBJECTIVE:*** To seek expression in a reputed organization, which

recognizes, rewards, grows performers and makes future business leaders. Desire a sense of achievement as a strong communicator, efficient manager and an able leader.

***STRENGTHS:***

* Experienced in coaching all age groups of children and especially trained in conducting junior PE classes, holds experience as a CBSE and IB teacher.
* Trained in taking PEC Curriculum including Fun games, Recreational and Parent-teacher interaction games, Team building and Co-ordination games, Traditional and cultural games, etc.
* Conducting events like Marathon, Athletic Events, Competition and Tournaments.
* Experienced in training several sports.
* 8 years of formal training in Sports Education +Diploma +Certifications.
* Fitness Assessment Program Expert and trained Expertise- Khelo India Representative Teacher.

# PROFESSIONAL EXPERIENCE:

**8 Years of Professional Experience**

**ORGANIZATION: Modern International School, Alwasa, Indore**

POSITION: HOD Physical Education (Basketball, Yoga, Aerobics)

Job Responsibilities:

* Managing overall school sports and sports club.
* Making PE curriculum, weekly plans, Students Gradebook etc.
* Conducting events, early year fiesta, National and International sports day.
* Organize and conduct marathon, competitions and tournaments.
* Overall management and keeping record of sports equipment.

**ORGANIZATION: Prometheus School, Noida**

POSITION: Specialist - PYP PE Teacher (Basketball, Yoga, Aerobics, Fun games)

Job Responsibilities:

* Looking after PYP PE classes for Junior Kids and sports club.
* Conducting Early year fiesta, National and International sports day.
* Making PE curriculum, weekly plans, Students Gradebook etc.
* Evaluate and conduct Fitness Assessment Test and Analyze student’s progress.

**ORGANIZATION: Sarvottam International School, Noida**

POSITION: Physical Education Teacher (Basketball, Badminton, Aerobics and Yoga)

Job Responsibilities:

* Conducting aerobics and yoga classes from Grade 1-5.
* Taking theory classes for P.E. for Grades 9 and 10.
* Prepared students for CBSE sports competitions.
* Managing other sports such as badminton, carrom and chess by conducting there Inter house competitions.

**ORGANIZATION: Shiv Nadar University, Greater Noida**

POSITION: Physical Education Teacher (Aerobics Instructor and fitness coach)

Job Responsibilities*:*

* Conducting AEROBIC Sessions.
* Organize indoor and outdoor games such as chess, badminton, and basketball.
* Organize and conduct marathon, competitions and tournaments.

**ORGANIZATION: Edusports-India’s Leading Sports and Physical Education Organization, Bangalore**

POSITION: Physical Education Teacher - **Shiv Nadar School, Noida**

Job Responsibilities:

* Taking yoga classes for students from Grade 2 to 5.
* Conducting fun activities, events, campaign, marathon and annual sports day.
* Managed lower Grade from 1-5 and made them play other recreational and fun games which are apart from main games.
* Provide basic warm-up to children and give them theory knowledge (Wellness+Science+ Reasoning) about their lesson.

# ACADEMIC DETAILS:

* Master of Arts in **PHYSICAL EDUCATION** -2 Years degree from Kalinga University, Raipur (Chhattisgarh), with aggregate 66% of marks in year 2015-2017.
* Bachelor of Arts **PHYSICAL EDUCATION**- 3 years degree from Banasthali University, Newai (Rajasthan), with aggregate 75% of marks in year 2012-2015.
* M.B.A.- Post Graduate Diploma in Business Administration (Customer Relationship, Business Communication, Marketing Research) -2 years distance course from Symbiosis Centre For Distance Learning, Pune (Maharashtra) in year 2016-2020.
* Higher Secondary Certificate from K.V. NO.-4, Gwalior (M.P), in 2012 Securing 68% with subject-( **PHYSICAL EDUCATION**- 83%).
* Senior Secondary Certificate from Ebenezer School, Gwalior (M.P), in 2010 Securing

7.8 CGPA of Marks.

# TRAINING AND CERTIFICATES:

1. Internationally Accredited CPD **DIPLOMA in YOGA TRAINING**.
2. The Science of Training Young Athletes- UNIVERSITY OF FLORIDA.
3. First Aid and Children’s Health: Your Complete Guide.
4. Science of Exercise – UNIVERSITY OF COLORADO.
5. Psychological First Aid –JOHNS HOPKINS UNIVERSITY.
6. Sit Less, Get Active –THE UNIVERSITY OF EDINBURGH.
7. De-Mystifying Mindfulness- UNIVERSITEIT LEIDEN.
8. Understanding YOGA: Education on the benefits and styles.
9. Eating Healthy –Explode your Physical and Mental Health.
10. Learn Spoken ARABIC in 101 languages.
11. **C.B.S.E. TEACHERS TRAINING**- Education in cross-cultural setup.
12. **C.B.S.E. TEACHERS TRAINING**- Locomotor Disabilities.
13. 30 Days of YOGA with Adriene.
14. **C.B.S.E. TEACHERS TRAINING**- Strategies for effective management for

# PHYSICAL EDUCATION.

1. WORLD HEALTH ORGANIZATION (**WHO**) – IPC For COVID-19.

# ACHIEVEMENTS:

* Prepared Students for CBSE Competition (Yoga, Chess, Badminton, Basketball) who got positioned.
* Conducted marathons and tournaments in the University successfully.
* Participated in the West Zone Inter University (women) Basketball Tournament organized by L.N.U.P.E. Gwalior.
* Participated in sports (Throw-ball, Cricket, Handball, Basketball, Chess and March- past) organized in Banasthali University (Inter-House) and got positioned.
* Participated in Ebenezer 8th West Zone Carrom Championship.
* Participated in INTER UNIVERSITY NATIONAL YOUTH FESTIVAL organized during 2013- 14 held at K.U. Kurukshetra University and got **THIRD** position.
* Participated in INTER UNIVERSITY WEST ZONE YOUTH FESTIVAL (skit, one act play, mime) organized during 2013-14 at Shivaji University Kolhapur and got **FIRST** position.
* Participated in Delhi date with democracy biggest ever dance competition and won.

# HOBBIES:

Bike riding, attaining knowledge, sports activities, dancing, organizing events.

# PERSONAL PROFILE:

Name: Krati Gupta

Father’s Name: R.K. Gupta

Sex: Female

Date of Birth: 23 November 1993

Marital Status: Single

Nationality: Indian

Permanent Address: E-1604, Hyde Park, Sector-78, Noida, (U.P.) Languages known: English and Hindi

# DECLARATION:

I hereby declare that the information furnished above is true to the best of my knowledge.

# Place: Noida

**Date: 27/06/2023 (Krati Gupta)**